

TIMINGS	MON	TUE	WED	THU	FRI	SAT	SUN
8:30 AM		<b>Sculpt &amp; Tone</b> Yoga   Strength		<b>Hatha Yoga</b> Yoga   Strength			<b>Workshops</b> Contact us for more information
9:00 AM							
10:00 AM							
11:00 AM						<b>Aerial Yoga</b>	<b>Aerial Yoga</b>
5:00 PM							<b>12:00 PM</b> <b>Hot Stepper</b> Cardio   Dance
6:00 PM	<b>Aerial Flow</b> Aerial Yoga		<b>Aerial Flow</b> Aerial Yoga		<b>Aerial Flow</b> Aerial Yoga	<b>Workshops</b> Contact us for more information	
7:00 PM	<b>Balanced Body</b> Yoga   Deep Stretch	<b>Sound Healing &amp; Meditation</b>	<b>Balanced Body</b> Yoga   Alignment	<b>Hot Stepper 7:15PM</b> Cardio   Dance			

For more details and information on our personal training packages contact us on

**+91 98110 24233 | +91 99111 50457**



## Single Session Pass

**INR 1,200 (inclusive of GST)**

Join any class from our schedule Perfect for a one-time experience or trial

Amount is fully adjustable if you decide to purchase a package within 24 hours

Valid for 7 days  
From date of purchase



## 8 Session Pass

**INR 8,000 (inclusive of GST)**

Access all classes from our schedule - explore the whole range Use your credits to pre-book via our online booking page

*Included*

50% off on one Red Light Therapy session  
50% off on one Steam Session

Valid for 30 days



## 12 Session Pass

**INR 11,000 (inclusive of GST)**

Option to join any class from our schedule Use your credits to pre-book via our online booking page

*Included*

50% off on one Red Light Therapy session  
50% off on one Steam Session

Valid for 40 days



**UNLIMITED**  
Group Movement Pass  
**1 Month**

INR 25,999/- Inclusive of GST

Your all-access pass to limitless wellness.

Yoga | Sound | Sculpt | Aerial | HotStepper Cardio

Immerse yourself in every and any of our classes from our group schedule

**Valid for 30 days**



**UNLIMITED**  
Group Movement + Recovery Pass  
**1 Month**

INR 49,999/- Inclusive of GST

One month.  
Unlimited movement classes.  
Unlimited therapies.

Yoga | Sound | Sculpt | Aerial | HotStepper Cardio  
Red Light Therapy | Infrared Sauna | Cold Plunge

Move. Heal. Recharge.

**Valid for 30 days**



**UNLIMITED**  
Group Movement Pass  
**3 Months**

INR 35,999/- Inclusive of GST

Step into a lifestyle of wellness with 3 months of unlimited group classes.

Yoga | Sound | Sculpt | Aerial | HotStepper Cardio

**Complimentary**  
1 Red Light Therapy  
1 Infrared Sauna  
1 Cold Plunge

**Valid for 3 months**